

CASCADIA UPTOWN

Completed Actions: 32

Verified: November 16, 2019

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VIGBC Verifier




BUILDING & OPERATIONS

- ☒ All non-emergency lights are turned off at night, or window lights put on a timer and shut off 11pm to 7am
- ☒ Motion sensors installed in less busy areas and/or "Lights Off" signage posted at light switches
- ☒ All thermostats set to 16°C when space is typically unoccupied (manual or automated)
- ☒ ≥ 75% of office equipment and kitchen appliances are ENERGY STAR® Certified
- ☒ ≥ 75% of bulb lighting is LED and 100% of tube lighting is T5/T8 fluorescent or LED
- ☒ All hot water pipes are insulated
- ☒ Windows are double paned or draft-proofed and entrances and exits have been draft-sealed

WASTE

- ☒ Reusable dishware is provided for staff use in place of disposable cups, plates, cutlery, etc.
- ☒ Receipts are emailed or printed on request only
- ☒ All food waste and soiled paper are composted AND all electronics, batteries and lightbulbs are recycled
- ☒ All soft plastics (shrink wrap, plastic bags, etc.) are recycled
- ☒ All Styrofoam™ packing is reused or recycled
- ☒ At least one other hard-to-recycle item is being recycled (pallets, foil-lined bags, pens, etc.)



WATER

- ☒ Tap water consumed rather than bottled water 
- ☒ All faucets employ ≤ 6.0 LpM aerators
- ☒ All toilets are ≤ 6.0 LpF and any urinals are ≤ 1.9 LpF

TRANSPORTATION

- ☒ Bicycle parking is provided for staff and customers
- ☒ ≥ 50% of staff commute to work by bike, transit, carpooling or walking

PURCHASING & PRODUCTS

- ☒ At least three major paper products have ≥ 50% post consumer recycled content
- ☒ ≥ 75% of cleaning supplies are eco-friendly
- ☒ Store does not distribute single-use plastic bags to customers 
- ☒ Store uses reused/recycled material to wrap fragile items sold to customers
- ☒ No single-use products purchased for refreshments for staff & customers (e.g. coffee cartridges, stir sticks, sampling, straws) 
- ☒ Stock ≥ 3 products that are Carbon Neutral, EcoLogo™ Certified, FSC, or Certified Organic
- ☒ ≥ 10% of all goods sold from local sources (BC)
- ☒ Products sold and their associated packaging can be returned by customers for recycling/upcycling at no additional cost

SOCIAL

- ☒ Annual donations made to local environmental or community-related charities of ≥ \$50 per full-time employee
- ☒ Environmental sustainability is incorporated into the hiring process, employee orientations and training programs
- ☒ Environmental values and actions are posted publicly (either online or on premises)

RETAIL CHECKLIST

- ☒ Employee Health and Wellness Program in place
- ☒ Employee traditional benefits package in place that contains one or more benefits (health/dental insurance, RRSP plan, short-term disability coverage, etc.)

ADDITIONAL ACTION

- ☒ Additional action – use reusable cloths instead of paper towel for cleaning